



70 Things to do for Earth Day ... Every Day is Earth Day!

1. Install programmable thermostats in your home and/or office.
2. Print on both sides of the paper.
3. Take a reusable cup to your favorite coffee shop.
4. Use a tap water filter instead of buying bottled water.
5. Turn off the water while you're brushing your teeth.
6. Plant a tree or garden.
7. Ask to be removed from mailing lists.
8. Start a compost pile.
9. Buy stamps that support environmental programs.
10. Install insulation in your attic.
11. Water your grass, not the sidewalk. Avoid watering during the heat of the day.
12. Avoid disposable containers to cut down on packaging waste.
13. Unplug items when not in use.
14. Repair leaky faucets.
15. Put solar film on your windows.
16. Replace your air filters regularly.
17. Join a carpool.
18. Try walking or biking instead of driving.
19. Install weather stripping.
20. Use mulch.
21. Only run the dishwasher when it's full.
22. Lower your water heater settings.
23. Collect rain water in barrels for your garden and shrubs.
24. Use public transportation.
25. Shop with reusable bags.
26. Use energy-efficient lightbulbs and appliances.
27. Plant native plants and greenery that won't require extensive watering, fertilizing or attention.
28. Wash laundry in cold water instead of hot.
29. Turn off lights when you leave a room.
30. Leave your lights off as long as possible; open your curtains and enjoy natural light.
31. Combine all your driving errands in one trip.
32. Shop at your local farmer's market.
33. Turn your computer off at night.
34. Pay your bills online.
35. Reuse paper (use envelopes for shopping lists, let kids color on the back of used paper).

36. Line dry your laundry.
37. Only use cloth diapers, or use in combination with disposables.
38. Repurpose something you would ordinarily get rid of.
39. Use cloth instead of paper to clean your kitchen.
40. Make rags out of old towels and T-shirts.
41. Repurpose glass jars for bulk storage.
42. Donate to thrift stores and shop secondhand.
43. Spay or neuter your pets.
44. Choose kitty litter that's environmentally friendly.
45. Switch to compact fluorescent and LED lights.
46. Wear a sweater instead of turning up the heat.
47. Use a low-flow shower head and take short showers.
48. Keep your car maintained.
49. Use a recycling bin in your kitchen and at your job.
50. Install solar panels.
51. Check for drafts in your home; use caulk, weather stripping or insulation to seal them.
52. Pack your own lunch.
53. Think before you print.
54. Avoid nickel-cadmium rechargeable batteries.
55. Take paperless notes.
56. Reuse cardboard boxes.
57. Clean your garage of hazardous waste – and find the proper place to dispose of it.
58. Support your local rebuild center.
59. Upcycle old fabrics (turn your old T-shirts into a pillow case or quilt).
60. Opt for organic cotton.
61. Choose natural pest control products.
62. Recycle paper. It can include clips or staples, but don't include paper with food stains.
63. Use earth-friendly cleaners, or use your own made from a mixture of 1 cup white vinegar with 1 cup water.
64. If your community doesn't have a recycling program, find a place that will accept recyclables.
65. Recycle ink cartridges.
66. Switch from a hard copy newspaper to an online subscription.
67. Install a radiant barrier in your attic.
68. Choose products such as paint and carpet that don't contain volatile organic compounds, or VOCs.
69. Participate in clean-up days in neighborhoods and at parks or beaches.
70. Safeguard storm drains.